

# W-WEST

Why Waste Everything Smoking Tobacco?



## W-WEST meetings

W-WEST meetings take place once a month in Glasgow. This is when we come up with ideas for campaigns and decide what community events to take part in.

Do you want to come along to a meeting and find out more about what we do? W-WEST is looking for new members for the management group, so if you're 12 years or over and want to get involved, email [contact@w-west.org.uk](mailto:contact@w-west.org.uk) and we'll get in touch with more info about when and where the meetings are taking place.

## Prizes to be won!

W-WEST has recently launched a new [Facebook LIKE page!](#) For a short time, everyone who likes the page, comments on posts or leaves us a comment will be added to a prize draw to win a W-WEST hoodie or a W-WEST USB wristband to be in with a chance of winning one of these great prizes, [LIKE W-WEST](#) now!

## Fast Facts

- Cigarette smoke contains 2 of the gases associated with the greenhouse effect; carbon dioxide (CO<sub>2</sub>) and methane. It is estimated that smoking across the globe generates about 2.6 billion kg of CO<sub>2</sub> and 5.2 billion kg of methane every year.
- Every day in the UK, smokers throw away about 200 million cigarette butts and 20 million cigarette packets. That's a lot of litter!
- A tax on tobacco products was introduced in 1604 by King James because he believed smoking was harmful.

## What are we doing?

Over the summer W-WEST will be attending lots of community events. If there is something going on in your area and you think it would be good for W-WEST to come along, send us an email and let us know about it.

## Ask W-WEST

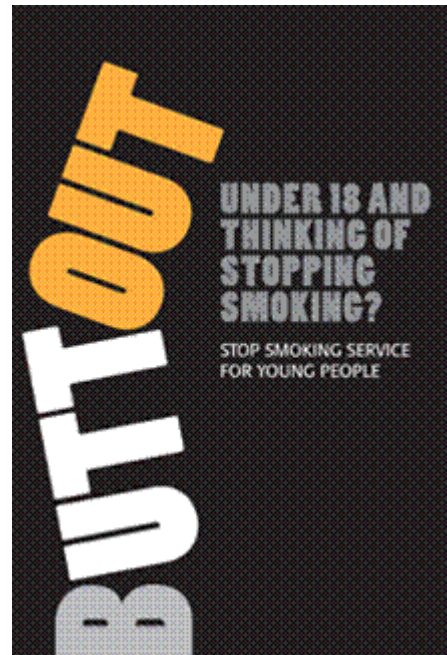
Have you got a question about the tobacco industry, smoking or quitting? Do you want to know more about W-WEST and what we do?



It's easy to ASK W-WEST, you can leave us a comment on [Facebook](#) or [submit your question on the W-WEST website](#)

All questions will be answered and we'll choose some to print in our newsletter and on the website.

## Butt Out



Are under 18 and thinking about giving up smoking? Butt Out is NHS Greater Glasgow & Clyde's Stop Smoking Service for young people. [Click here](#) to find out more info on the W-WEST website.

### Contact

[contact@w-west.org.uk](mailto:contact@w-west.org.uk)

### About W-WEST

**W-WEST** is Scotland's first ever pro-choice tobacco information group led by and for young people.

W-WEST aims to give young people the information they need to make choices about smoking.

### Keep up to date on Facebook and Twitter

